A Global Perspective on Home Care

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Understanding global trends and their impact on the future of home care nursing
Aging as a Global Trend

- **Global Burden of Disease**
  - (as calculated by World Health Organization and the World Bank) predicts:

  - The world is rapidly aging!

  - By 2030, 1 in 8 people globally will be 65 or older – first time in human history that the >65 percentage is more than the <5

  - Increase is even more rapid in developing countries (140% between 2006 and 2030)

  - Significant increase in age-related chronic illness around the world
Implications of our Aging World

- In a few decades, loss of life will be greater from Non-Communicable Diseases (NCDs) such as cardiovascular disease, diabetes, and cancer than from Communicable Diseases such as malaria, AIDS, or TB.

- Family structures are changing in many countries (e.g. fewer children to care for aging family members).

- Added strain on existing health and pension systems.

- New models of social insurance and entitlement programs emerging.

- Health care systems will need to innovate and evolve to manage an older, chronically ill population.
Implications of our Aging World

• *Increased emphasis on home health care* and long term care in many developed and middle income countries

• Migration of health workers around the world to respond to needs for increased care

• Economic implications and questions about sustainability of social security systems
Other Global Trends and Impacts

- Migration of peoples and diversity of populations
- Many countries are evolving to look at a care continuum model for health
- Increased emphasis on primary care, prevention, and wellness
- Nursing practice with greater autonomy
- Technology and its use
Current Definition of Home Health Nursing

- **Home health nursing** is a specialty area of nursing practice that promotes optimal health and well-being for patients, their families, and caregivers within their homes and communities.

- Uses a holistic approach aimed at empowering patients, families, and caregivers to achieve their highest levels of physical, functional, spiritual, and psychosocial health.

- Provides nursing services to patients of all ages and cultures and at all stages of health and illness, including end of life.

Source: *ANA Scope and Standards of Practice for Home Health Nursing 2nd Edition (2014)*
What Makes Home Care Nursing Unique?

- More than simply a change of location from acute care venue to the patient’s residence

- Home care nurses typically practice very independently and often with highly complex patients

- Requires expertise in assessment, care planning, case management, patient education, clinical practice, and outcomes management.
Global Home Care Nursing: Setting the Standard

• Is it possible to agree to a common set of global standards and practices in home care nursing, regardless of country setting?

• If so, where do we start?
In 2014, the American Nurses Association published the 2nd edition of its *Scope and Standards of Practice for Home Health Nursing*

*Is there global applicability?*
ANA Standards of Home Health Nursing Practice

- **Standard 1: Assessment**
  - The home health registered nurse collects comprehensive data pertinent to the patient’s health and/or the situation.

- **Standard 2: Diagnosis**
  - The home health registered nurse analyzes the assessment data to determine the diagnoses, needs, or issues.

- **Standard 3: Outcomes Identification**
  - The home health registered nurse identifies expected outcomes for a plan individualized to the patient, family, other caregivers, and caregiving situation.
Standard 4: Planning
The home health registered nurse develops a plan that prescribes strategies and alternatives to attain expected outcomes.

Standard 5: Implementation
The home health registered nurse implements the individualized patient plan of care.

Standard 5A: Coordination of Care
The home health registered nurse coordinates care delivery.

Standard 5B: Health Teaching and Health Promotion
The home health registered nurse employs strategies to promote health and a safe environment.
Standard 6: Evaluation
The home health registered nurse evaluates progress toward attainment of outcomes.

Standard 7: Ethics
The home health registered nurse practices ethically.

Standard 8: Education
The home health registered nurse attains knowledge and competence that reflect current nursing practice.

Standard 9. Evidence-Based Practice and Research
The home health registered nurse integrates evidence and research findings into practice.
Standard 10: Quality of Practice
- The home health registered nurse contributes to quality nursing practice.

Standard 11: Communication
- The home health registered nurse communicates effectively in a variety of formats in all areas of practice.

Standard 12: Leadership
- The home health registered nurse demonstrates leadership in the professional practice setting and the profession.
• **Standard 13: Collaboration**
  - The home health registered nurse collaborates with patients, families, caregivers, inter-professional healthcare teams, and others in the conduct of nursing practice.

• **Standard 14: Professional Practice Evaluation**
  - The home health registered nurse evaluates one’s own nursing practice in relation to professional practice standards and guidelines, relevant statutes, rules, and regulations.
• **Standard 15: Resource Utilization**
  - The home health registered nurse uses appropriate resources to plan and provide nursing services that are safe, effective, and financially responsible.

• **Standard 16 Environmental Health**
  - The home health registered nurse practices in an environmentally safe and healthy manner.
Other Global Standards for Home Care

- National and regional regulatory standards addressing home health or community care models
- Accrediting bodies such as Joint Commission International, Accreditation Canada, and ACHS International have standards addressing quality and safety of the home care delivery system
An Example: Joint Commission International

- **International Patient Safety Goals**
- (Home Care)

- IPS Goal 1: Identify Patients Correctly
- IPS Goal 2: Improve Effective Communication
- IPS Goal 3: Improve the Safety of High-Alert Medications
- IPS Goal 4: N/A to Home Care
- IPS Goal 5: Reduce the Risk of Health Care-Associated Infections
- IPS Goal 6: Reduce the Risk of Patient Harm Resulting from Falls
Joint Commission International: Home Care Standards and Functions

- **Patient Care Functional Chapters**
  - Patient Access and Assessment
  - Patient Rights and Responsibilities
  - Patient Care and Continuity of Care
  - Patient Medication Management
  - Patient and Family Education
Joint Commission International: Home Care Standards and Functions

- **Health Care Organization Management Standards**
  - Improvement in Quality and Patient Safety
  - Infection Prevention and Control
  - Management and Safety of the Environment
  - Staff Qualifications and Education
  - Governance and Leadership
  - Communication and Information Management
The Crystal Ball: Global Home Care in 2025?

- There will be *increased standardization* in home health and home care practice around the world
  - Nursing standards of practice and International Accreditation Standards
  - Professional certifications
  - Use of clinical practice guidelines and standardized protocols

- Home care nurses will be caring for an ever older, chronically ill patient population

- Patients will have increasingly complex care needs
The Crystal Ball: Global Home Care in 2025?

- Family structures and living environments will continue to evolve in innovative ways (e.g. communal living)

- There will be increased use of technology such as automated medication dispensing, telemetry, use of personal computers, and advanced biomedical equipment

- Home care nursing will require an ever higher level of clinical expertise and decision-making
The Future is Bright for Home Care Nursing

- Nurses can provide the needed global leadership in caring for an older, more chronically ill patient population in a cost-effective and optimal manner.
Thank you!

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