

The UIC College of Nursing is consistently ranked in the top 10 for nursing schools in the U.S. In addition to the Chicago campus, the CON has five regional campuses in Illinois: Peoria, Quad Cities, Rockford, Springfield and

"'Global health,' in general, implies consideration of the health needs of the people of the whole planet above the concerns of particular nations."

(Brown TM, et al., Jan 2006)

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GLOBAL HEALTH LEADERSHIP OFFICE COLLEGE OF NURSING

NEWSLETTER FALL 2015

CON Redesignated PAHO/WHO Collaborating Centre

The UIC College of Nursing has been redesignated as the *Pan American Health Organization / World Health Organization (PAHO/WHO) Collaborating Centre for International Development in Primary Health Care* for the years 2015-2019. Dean Terri E. Weaver and Dr. Linda L. McCreary will serve as Directors of the Collaborating Centre.

Originally designated in 1986, UIC CON was the first WHO Collaborating Centre in Nursing and Midwifery in the world. "WHO collaborating centres (WHO CCs) are institutions that have been solid WHO allies for years, helping WHO to implement its mandated work and achieve its current goals. WHO CCs cooperate with WHO on a diverse range of activities such as collecting data for a report, organizing a meeting or developing a guideline." (Guide for WHO Collaborating Centres, 2014)

As part of the redesignation process, UIC CON commits to an agreed upon workplan and Terms of Reference (TORs) to guide our body of work during the relevant period. The TORs align with and further the WHO's mission and efforts.

TERMS OF REFERENCE for 2015-2019

- 1. To collaborate with PAHO/WHO to disseminate primary health care research findings and best practices among policy makers, nurses, midwives and consumers to address universal access to health, universal health coverage and Sustainable Development Goals.
- 2. To collaborate with PAHO/WHO to facilitate multidisciplinary research focused on primary health care, education and practice with special emphasis on capacity building of nursing human resources.
- To collaborate with PAHO/WHO to promote education to develop nursing and other human resources for health for multidisciplinary primary health care practice, education and research.







Dr. Mitzi Duxbury, Dean of UIC CON accepts a commemorative plaque from Dr. Carlyle Guerra de Macedo, Director of the WHO's Pan American Health Organization during the 1986 inaugural ceremony.





Seoul National University, and University of Navarra

Summer International Undergraduate Program

This summer, GHLO hosted 39 undergraduate students from 5 different universities: University of Tsukuba (Japan), St. Luke's International University (Japan), University of Navarra (Spain), Seoul National University (South Korea), and Kyung Hee University (South Korea). Each school group participated in one or more didactic modules, which included advanced English skills; cardiac (Karen Vuckovic) and pulmonary (Susan Corbridge) nursing; nursing research methods (Lorna Finnegan and Colleen Corte); and global health (Tonda Hughes and Linda McCreary). All groups also completed clinical observations at the University of Illinois Hospital. The students rotated through most hospital units under the preceptorship of Julie Schwind and Katie Vanderzwan, allowing them to gain a well-rounded perspective of hospital-based nursing in the United States.

The international students who participated in the global health module were incorporated into the NUEL 399 elective, explained in more depth below. Overall, the students stayed up to 10 weeks, adding an international perspective to their nursing education.



NUEL 399: Global Health Elective - Global is Local

For a second year, an undergraduate global health elective was offered to UIC CON students. This intensive two-week course aimed to expose students to the policy and philosophical underpinnings of global health efforts (eg. Millenium Development Goals, social determinants of health), as well as to a variety of health topics from a global perspective.

This course included a unique blend of lectures, field trips, and group projects to move global health from the abstract to the concrete. Additionally, visiting international students from Japan and Spain were integrated into the course to bring a truly international perspective to the topics at hand. Lecture topics included alcohol use, international emergency medicine, prenatal care in Africa, primary health care, reproductive justice, global impact of fast food and obesity, and LGBTQ health

To draw local parallels, students completed a group project to demonstrate how historically ethnic neighborhoods of Chicago exemplify global health issues and concerns. This portion of the class involved a mixture of research and hands-on experience through field trips in one of four Chicago neighborhoods: Chinatown, Pilsen, Polish Triangle, and Humboldt Park. Each group explored their respective neighborhood's cultural museum, local cuisine, and a community or health center. By doing so, students were able to see what services were offered in the neighborhood, what the historical context of the neighborhood was, and how the local setting could affect that population's health. Each group shared their research and experience at the end of the two weeks through a presentation and a written paper discussing the history of the neighborhood, two current health disparities and potential approaches to addressing these issues.

Peking Union Medical College Signs Memorandum of Agreement with UIC CON





UIC CON has a new partner school in Peking Union Medical College (PUMC), located in Beijing, China. PUMC is one of the premier medical institutions in mainland China. The PUMC School of Nursing was established in 1920 and currently offers BSN, MSN, and PhD degrees. Hauping Liu, Dean of the PUMC School of Nursing traveled to UIC College of Nursing in August 2015 to officially sign the Memorandum of Agreement and discuss opportunities for collaboration with UIC CON faculty.

Dr. Kathy Sparbel completed the first faculty exchange visit under the new agreement in November 2015. During her visit to PUMC, Dr. Sparbel lectured on the role of Advanced Practice Nurses and on genetic risk assessment in adolescents and young adults. She also led an open discussion session with clinical nurses from the PUMC hospital, with topics ranging from end-of-life issues, elder care options, and nursing scope of practice.

Korean Hospital Nurses Association Visit UIC

Since 2010, UIC CON has hosted a professional development program for the Korean Hospital Nurses Association (KHNA). Each year, a group of 25-35 nurse executives from leading hospitals throughout South Korea attend the week-long leadership seminar. The attendees participate in lecture-discussions centered on administrative and clinical care issues and tour a number of hospitals and health systems in the Chicago area. The program has proven so successful that KHNA has already committed to continuing in 2016.



Korean Hospital Nurses Association

Dr. Nihaya Daoud: Arab Women's Health in Israel

On September 22, 2015 Dr. Nihaya Daoud presented a lecture titled *Arab Women's Health in Israel: Challenges and Opportunities*, at a brown bag event presented by the Global Health Leadership Office. Dr. Daoud is a Visiting Scholar at UIC's School of Public Health from Ben-Gurion University of the Negev. Dr. Daoud's research includes: women's health, health inequalities, social epidemiology, and minority populations in Canada, UK, and Israel.

Dr. Daoud's research indicates that there is a growing rate of health disparities between Jewish and Arab women in Israel, evident in data related to infant mortality, depression among older women, chronic illness (particularly diabetes), and healthy lifestyles (mainly concerning obesity rates). She related many of the health disparities to socioeconomic inequalities. For example, the average income of Arab families is about half of that of Jewish families; and 41% of



Arab women did not complete high school versus 5% of Jewish women. Other factors included the use of and access to health and social care facilities, segregation of Arab and Jewish communities, and political factors. The triple marginalization - being a woman in Israel, being a woman in Arab society, and being an Arab in Israel - is the basis for these health inequalities.

Nevertheless, Dr. Daoud is hopeful that there are attainable solutions for improving the health of Arab women, including minimizing the growing trend of privatization of health care in Israel and improving the socioeconomic position of Arab women.



Global Health Journal Club

Megan Gordon, GEMS Class of 2016, initiated a new Global Health Journal Club for UIC CON students. The club serves to address the growing interest amongst students to deepen their knowledge on global health issues.

The first meeting was facilitated by Dr. Susan Walsh, which focused on both her work with umbilical cord care in Haiti, as well as culturally-appropriate interventions in global health work.

If any faculty are interested in facilitating a discussion at a future meeting on a topic relevant to their work or research, please contact Megan Gordon at mgordo5@uic.edu.

Strengthening Ties in South Korea

Dean Terri Weaver and Associate Dean for Global Health Dr. Tonda Hughes attended the 2015 International Council of Nurses (ICN) Quadrennial Conference, which was held June 19-23, 2015 in Seoul, South Korea. ICN is a federation of more than 130 national nursing associations representing the millions of nurses worldwide. Operated by nurses and leading nursing internationally, ICN works to ensure quality nursing care for all and sound health policies globally. Keynote speakers included UIC CON alum, Dr. Sheila Tlou.

During ICN, Drs. Weaver and Hughes hosted a reception for UIC CON alumni and partner school representatives. Due to the multi-national representation at ICN, the reception proved to be a rare opportunity for UIC CON international alumni to reconnect. The trip also provided an opportunity to visit with Ewha University and with partner school, Seoul National University, where both Drs. Weaver and Hughes presented to faculty and graduate students.



Brazilian Scientific Mobility Program Undergraduate Research Interns



This summer, CON hosted 20 Brazilian undergraduate students for nursing research internships. Each student was funded by the Brazilian Scientific Mobility Program (BSMP) which provides scholarships to Brazilian students completing a yearlong study abroad program. After having spent a year at a variety of universities across the US, the students arrived at UIC for a summer internship. The interns were paired with a UIC CON faculty mentor based on student research interests and faculty needs.

In addition to their research activities, the interns

participated in workshops on literature reviews, research presentation skills, and building reference libraries. They also enrolled in open lectures, such as *Safe Zone* training and doctoral defense presentations to broaden their exposure to topics in nursing. Many of the interns developed strong connections with their faculty mentors and expressed the desire to return to UIC for graduate school.









Meet Our International Visiting Scholars

Vanessa Carvalho de Sousa, PhD, RN

Post-Doctoral Fellow

Brazilian National Council for Scientific & Technological Development Forteleza, Brazil

October 2015 - September 2016

"Usability Testing and Improvement of a Learning Support System About Nursing Diagnoses"

Bomi Huh, BSN, RN

Captain (Nursing Officer) Republic of Korea Air Force Gangwon-do, South Korea July 2015 - December 2015

"Development of a Tailored Health Promotion Program for Airmen"

Ma Hui, BSM, RN

Lecturer Medical College, The Northwest University for Nationalities Lanzhou, China

February 2015 - January 2016 "Competency of the Public Health Nursing Workforce and Evidence-

Nahyun Kim, PhD, RN

Based Public Health Nursing"

Associate Professor College of Nursing Science, Keimung University Daegu, South Korea March 2015 - February 2016

"The Pathophysiological Mechanisms of Lifestye Related Diseases: Focusing on the Autonomic Nervous System"

Sasitara Nuampa, MSN, RN

PhD Student Faculty of Nursing, Mahidol University Bangkok, Thailand May 2015 - November 2015

"Breastfeeding Experiences Among Adolescent Mothers in Thailand"

Nuttamon Vuttanon, PhD, RN

Associate Professor Faculty of Nursing, Chiang Mai University Chiang Mai, Thailand February 2015 - November 2015

"The Effectiveness of Progressive Muscle Relaxation on Symptom Clusters Among Persons with Hepatocellular Carcinoma"